



BuddhaSpa salon is happy to invite you to the traditional Thai massage room in the GORKI Golf & Resort SPA zone.

Massage Menu

1. Traditional Thai Massage (60/90/120 min) – 2900/4500/6000 Rub

The classic of Thailand. Intensive massage aimed to relieve tension from the deepest layers of your muscles and to correct the flow of life energy. The recipient remains clothed during a treatment, wears loose, comfortable cotton clothing and lies on a coconut mat.

Traditional Thai massage uses aroma warming balm. Some elements of yoga manipulations can be performed with your body if needed.

2. Oil massage (60/90/120 min) – 3500/5000/6500 Rub

Soft massage therapy using natural coconut oil is a wonderful way to relieve the stress and the tension that has accumulated in your body and to renew energy levels. The oil from the massage nourishes and improves the health of your skin. The massage is performed on a massage couch.

3. Foot massage (20/40 min) – 1500/2900 Rub

Foot massage with Thai balm. The therapy reduces tension and eases pain in your feet.

4. Head massage (20/40 min) – 1500/2900 Rub

A nice, soothing massage of your head, neck and shoulders with Thai aroma balm.

Helps prevent migraines and headaches.

One of the best ways to relax. Can help release the tension in your neck, reduce stress level. Relieves insomnia.

5. Sport massage (60/90/120 min) – 2900/4500/6000 Rub

Intensive deep massage targets the inner layers of your muscles and used to treat them. The massage is performed on a massage couch with a Thai warming balm.

6. Cream massage (60/90/120 min) – 2900/4500/6000 Rub

Chocolate-caramel or mango pleasure. Aromatherapy, nutrition and moisture of your whole body. Performed on a massage couch with a cream.

7. Slim massage (60/90/120 min) – 4200/6100/8000 Rub

The popular kind of Thai massage helps with cellulite reduction and makes your skin smoother and firmer. The intensive therapy uses a special technique with a Thai cream or an oil.

8. Child massage therapy (30 min) – 1500 Rub

Good mood for our most precious guests. This therapy is performed on a massage couch with a natural hypoallergenic coconut oil or cream.

SPA MENU

1. Chocolate Temptation (90 min) – 4900 Rub

Full body sugar scrub makes your skin smooth and silky. And the chocolate aroma cream helps you to relax your body and to ease your mind.

2. Blue Lagoon (110 min) – 6000 Rub

The Spa therapy prepares your body and skin for a holiday at the seaside. Salt scrub (40 minutes duration) removes dead skin cells, makes your skin smooth, silky and prepared for having sun tan. Coconut oil helps to moisturize your skin during the relaxing massage.

3. The silence of the night (90 min) – 4900 Rub

Full body oil massage with a natural coconut oil + head and shoulders massage using Thai herbal balm helps to relax and unblock your life energy, prevents migraines and headaches and relieves insomnia.

4. Luxurious Velvet (120 min) – 6500 Rub

Full body natural salt or sugar scrub makes your skin smoother. And then 90 minutes of relaxing massage with a natural coconut oil give you maximal nutrition, moisture and store of life energy.

5. Buddha lightness (110 min) – 6500 Rub

The therapy begins with full body natural salt or sugar scrub to prepare you for relaxing oil massage with natural coconut oil for your skin nutrition. The therapy completes with a 30 minutes foot massage with Thai balm to feel the total harmony.

6. Velvet season DELUXE. Body slimming (120 min) – 6700 Rub

Full body intensive scrub (sugar or salt) opens your pores to prepare your skin for a 90 minutes slim massage and makes this treatment more effective.

10% discount for all Club Members.

For any further information and reservations, please contact us:

+78123180990 (101)

+79111063239

reservation@gorkigolf.ru